



# SWIMMING OTAGO

## Minutes of Delegates Meeting

Held at Moana Pool, 8<sup>th</sup> September 2007 at 1 pm.

### **WELCOME:**

Alan welcomed all to the meeting.

### **PRESENT:**

Alan Hale (President), Colin Walker (Secretary), Terry Wall, (Vice President), Susan Sawtell, Michael Dodds, Lynn Robertson, Peter Ross, Jill Scott

Alexandra	Karen Hitchcock, Ruth van Welie
Clutha United	Karen Ramsay, Ingrid Hurring,
Cromwell	Anna Harrison
Dunedin	Christine Johnston
Kawa Dolphins	
Kiwi	Maria Godfrey, Sue Maclaurin, Leonie O'Neil
Milton	Raylene Stammers
Neptune	Graham Price, Julie McMahon
Port Chalmers	Anne Marshall, Lyndal Medder
Queenstown	Colin Walker, Vicki Bown
Taieri	Sharyn Bungard, Mandy Grainger, Debbie Tyrrell,
Wanaka	Bronwyn Kerr, Hayley Brett
Waves	Terry Wall, Mac McDonald, Kay Alexander
Zenith	Pam Linwood, Sharlene Gillespie, Glenys Ker
Observers	Andy Adair

### **APOLOGIES:**

Rebecca Smith (Treasurer), Sharon McKinnel. Mandy Grainger, Raylene Stammers (Management), Liz Anderson (Alexandra), Marie Holden (Cromwell), Jimmy Gray, (Milton), Licia Mihaka, (Port Chalmers) Annette Summers (Taieri)

*Jill Scott/Lynn Robertson carried*

### **PROXIES**

- Denise White for Marie Holden, Evelyn Armstrong for Rebecca Smith, Jill Scott for Liz Anderson.

Lynn Robertson/Graham Price carried

### **MINUTES OF PREVIOUS MEETING:**

- The minutes of the Delegates Meeting on the 17<sup>th</sup> March 2007 were confirmed as correct.

*Lynn Robertson /Terry Wall carried*

### **MATTERS ARISING:**

- Nothing was raised.

## **|| CLUB REPORTS:**

### *Alexandra:*

- The last few months have seen the retirement of Shane Allen as club coach and Barry Dick step into this role.
- Shane our long standing coach has decided to take a break after at least 10 years in the role. The club is very grateful for all Shane has done for the club over these years, seeing our transition from a learn to swim club to the competitive club we are today. We held a social function for Shane and club parents, to thank Shane and Megan for their huge contribution to our club. The occasion was also celebrated with a pool party (what else) for the swimmers, with several of the bigger kids deciding Shane was fair game and pushed him in the pool. Although Shane is no longer coaching he will remain involved, taking the squad when Barry is away and continuing to support both Barry and the committee as required.
- Barry officially took over coaching at the start of August, but was assisting Shane for several months in the lead up to his new role. Barry has attended a number of courses in recent months and has more planned. The transition has been smooth for the swimmers and Barry has quickly built up a good relationship with the swimmers, parents and committee. We appreciate having a coach of Barry's ability and enthusiasm step into this role.
- We have continued swimming over the winter. The transition of coaches has seen change in our structure. Instead of having a senior and junior squad training at the same time, we now have a squad training four to five nights per week and a development squad training 2 nights per week.
- We hosted the first of the Central distance meets in August. This was attended by the other Central clubs. Most of our swimmers swam at this event and we were extremely pleased with their efforts in the distance races. For most it was the first distance race they had swum. We host the first of the Central Junior League meets in October.
- Jill Scott received life membership at our AGM and this was followed by with an article in the local paper.
- Fund raising continues with our mothers making delicious jam and sauces. If there is any left we may have our produce for sale at meets we host.
- We are looking forward to the summer season getting underway. Our swimmers are looking forward to up coming meets. The club is focusing on the start of our learn to swim club nights at the beginning of the forth term.

### *Clutha:*

### *Cromwell:*

- The Swim Club scene in Cromwell is very quite at the moment with the club swimmers having no pool to train in, but with a bit of luck the Committee would like to see the club swimmers back into coaching sessions early next year.
- The Squad of 21 swimmers is back in training 3 times a week travelling down to use the Alexandra pool. We are in the process of arranging a swim camp for the squad swimmers for the last week of the school holidays in Invercargill. We plan to swim at Splash Palace in the

mornings and then the Riverton pool each afternoon. Fundraising is under way for this camp.

- Our Spring Carnival preparations are well under way. This year due to our pool upgrade the Carnival will be held in the Alexandra pool from November 3<sup>rd</sup> till the 4<sup>th</sup>. The information has been emailed out, but please let us know if your club has not received any information.
- The club has 10 coaches completing the ASTA course – this has been on going from last year, with the coaches completing their First Aid courses over the next month.
- The club is on going with its training of Officials. Plans are under way to hold training sessions for Time keepers – IOT'S – Recorders and Referees. A date for this is yet to be confirmed, but it is hoped to be held before Christmas.
- Peter has just completed the “Evidence Gathers” course and is now trained to over see the training of our learner coaches.
- We look forward to seeing you all at our Spring Carnival in November.

*Dunedin:*

*Kawa:*

*Kiwi:*

- Very good attendance at club nights continued over the last 6 months. A waiting list is now started as we have reached our optimum number of swimmers.
- Ribbon night is held on the fifth night of every term. Ribbons are given out to children who achieve PBs. Many ribbons are given out on these nights as the children are making tremendous improvements in their times.
- Kiwi swimmers have been competing at the various swim meets held over the last few months. More new swimmers are beginning to compete and the Kiwi team is building in numbers again.
- Two new coaches have joined the coaching ranks and have attended the ASTA course. Students also have been completing their teaching hours on club nights.
- Preparations are well underway for the Kiwi Challenge Meet which will be held on November 18 at Moana Pool.

*Milton:*

*Neptune:*

- The attendance at club nights on Monday continues to be encouraging. The programme run by the club aims at having achievable goals and improvement at all levels
- The DCDS continues to be a platform for Neptune to improve its competitive base and we are pleased with how this concept is progressing.
- As our club has mostly younger swimmers as members we are seeking to increase parent involvement in the club. This could take the form of poolside assistance, managing teams and officiating to mention just a few ways.
- This year's Queens Birthday Meet was a great success with record entries. Neptune would like to thank all the officials and helpers from other clubs for their outstanding help to run this meet. The host club swimmers performed very well. It was also farewell to Andrew McMillan who was swimming his last meet in Neptune's colours. We wish him well in the North Island.

- Neptune swimmers have been attending some of the Winter Meets. These have been good meets for our younger swimmers to get experience of competitive swimming. They also have the opportunity to record PBs. They also learn what might cause a DQ!
- We also attended swim meets in Oamaru and Christchurch with excellent results for the club.

*Port Chalmers:*

- After the winter break, Registration Day is on 9 September to prepare for the upcoming season, starting on 9 October.
- We have a full complement of keen coaches, already to go under the guidance of Head Coach Lecia Mihaka. Two of the new coaches completed the latest ASTA course and they enjoyed the day and gave good feedback. This was forwarded on to Arjun Harzurd and we are hoping to put more of our new coaches through future ASTA courses.
- We are expecting up to 80 members this season and many of them have upgraded to the fitness and competitive squads so we are looking forward to a larger representation of Port Chalmers swimmers at League meetings. Hopefully some will qualify for Otago Country and Otago Champs too.
- The committee have met a few times over the winter break and Lyndal has sourced some flash swimming caps with the Port logo for all members to wear this season. Jacqui Bancroft the new treasurer is settling into the role and preparing for a busy registration day. Maria Currie is staying on the committee but stepping down as secretary and Anne Marshall will take over the role until an alternative is found.

*Queenstown:*

- The usual quiet winter for Queenstown Swimming Club with no operational pool.
- Hopefully by next year this will be a thing of the past with the new pool on schedule for opening May 2008.
- Annabelle Simpson has continued to swim throughout the year shifting to Oamaru to train. Annabelle swam with credit for the New Zealand Youth Development Squad in the Trans-Tasman Tri Series in Australia. She swam 7 PB's out of 8 races.

*Taieri:*

- Those continuing to train over the winter have attended the Winter Series Meets & good numbers swam at Neptune Queens Birthday Meet.
- 8 went to Eastern Districts Winter Meet & 6 went to Wharenui.
- Mosgiel Pool opened this week and the squad has started training again, the other groups will start on 6 October.
- We are pleased to welcome back Tim Holden as our head coach this season. It looks like we will have enough coaches to assist Tim with the squad and also to take the other groups.
- SNZ coaching courses – Tim attended a 2 day Skill Coach course, 1 parent attended an ASTA course & 2 others will attend the course in October. 1 parent will attend the ACA course in October.
- 3 swimmers have qualified for the SNZ Spring Competition in Wellington.

*Wanaka:*

- The Club has had a small committee and concentrated on running a programme every Tuesday night between 5-7pm. Club nights are

organised into half Learn to Swim and half competitive swimming with high school students and volunteers coaching.

- The club caters for both those swimmers that are learning to swim through to the competitive swimmers. Already our swimmers are achieving places to compete nationally with others looking to qualify, we would like to see swimming grow to a strong sport within the community. All previous parent, committee and coach time is volunteered.
- A number of competitive swimmers parents have become involved and the club now has a full committee and pool of volunteers.
- The club is looking to contract the services of a coach to run the learn to swim and squad swimming this is still in the debating process and any practical suggestions or advice that other clubs may have that they feel may be of use we would appreciate.
- The club and community pool to continue to have a strong relationship with a common view of fostering swimming in the community. The Wanaka pool has been open this past winter after community and club actively lobbying for this. A new pool and keeping the old pool operating has been a concern to the club.
- We look forward to an exciting season of swimming.

#### *Waves:*

- The winter period has been used to expand our program to incorporate several new Sports Science activities that will continue to lift the performance of our swimmers.
- Fiona Simpson ran a very successful Nutrition seminar attended by over eighty Parents and swimmers and this is being followed by a series of cooking classes for our Age, Youth and Elite swimmers focusing on Cooking to Compete.
- Renzie Hanham has run the first in an ongoing series of Mental Skills training sessions. These were attended by 42 parents and swimmers and focused on understanding what creates pressure for an athlete and how to manage that pressure so that it doesn't affect performance. Renzie will continue these sessions through October and into 2008.
- Most of our Youth and Elite swimmers have completed their Muscle Balance testing in preparation for the Gym program being introduced in October, 2007. These tests allow us to personalize the Gym sessions for each athlete thus avoiding injuries and maximizing the benefit the athletes derive from the Gym program.
- The winter has also seen our athletes continue to succeed Nationally and Internationally. Phoebe Williams and Shane Patience represented NZ at the Trans Tasman series in Australia – Phoebe broke the 14-15 Otago 800 Free record twice and Shane won the 800 Free in the Sydney leg of the series.
- Bryn Murphy travelled to Bangkok with the NZ World University Games team. This trip was designed to give our Olympic hopefuls some exposure to competing in Asia – very hot, very congested, very polluted....but great experience.
- Rhys Applegarth and Jess Drake travelled to the Victorian SC Championships in Melbourne with the South Island Swim Coaches Forum team and swam some very strong PB's – Rhys won a Silver and a Bronze medal.

- Our major meet domestically was Wharenui – we took 29 athletes, swam in 262 events and averaged 48% PB's – Waves was second to Aquagym.
- Our next major event is the NZ Spring Competition in Wellington and we have 18 swimmers attending.
- We are looking forward to a continuation of the excellent improvement being achieved by our swimmers.

*Zenith:*

## **|| SNZ REMITS**

- A discussion was held on the various remits being proposed at the SNZ AGM. The majority of remits were supported. Remit 6 and 13 were not supported. Remit 10 is noted and it is important that as many people as possible are registered with Swimming NZ as this helps the sport and funding sponsorship opportunities. Remit 15 was supported but some discussion in relation to NZ Citizen versus NZ resident may require further clarification.
- Support for John West nomination will be given and the fees for the next season are also supported.

## **|| OTAGO CHAMPIONSHIPS**

- Confirmation was required for a change in format for the Otago Championships which had been circulated. The format is to have preliminary heats in the morning sessions for Friday, Saturday and Sunday with finals in the evening. A draft programme to be provided and comment sort.
- Consideration needs to be given to the ratio of officials to swimmers or Clubs being allocated lanes. Some formulas to be produced for further discussion.
- A flyer to be sent out to encourage swimmers from outside the district to attend and seeking officials from visiting teams.

## **|| NZ JUNIORS ORGANISING COMMITTEE**

- A request was made for people interested in being part of the organising committee for NZ Juniors in February 2008. The following offered to be on the committee Sharlene Gillispie, Julie McMahon and Waves would provide two members.

## **|| AFFILIATIONS**

- Delegates were reminded of the new affiliation fees payable this year. Procedures for affiliations to be placed on the web site

## **|| SUPPRT FOR NZ REPRESENTATIVE SWIMMERS**

- Andy Adair had produced a document outlining a model of support that could be provided to top swimmers in the Otago Region who attained NZ Representative status. Discussion involved funding based on current funds held and the need to invest in the sport. What other regions were doing and how they supported their swimmers and the Trusts they had set up. Lynn Robertson advised where management was on this matter and that it was under consideration. It was agreed that detail of how the support to swimmers could be achieved and a timeframe be provided at the next delegates meeting

**|| GENERAL BUSINESS:  
UNATTACHED SWIMMERS**

- Clarification was provided about the various ways unattached swimmers can swim during the transition period between clubs.

**Meeting closed 2.20pm**

**Next meeting: 2 November 2007.**

**Minutes Endorsed:**

**Signed:** \_\_\_\_\_

**Date:** \_\_\_\_\_