

2010 South Island Country & Town Competition

27 Feb-28 Feb 2010, Splash Palace Invercargill

This meet will be swum under SNZ and FINA Regulations.

- Age as at 27th February 2010
- The qualifying period is from the 28th February 2009 to the 14th February 2010
- The 2010 South Island Country & Town Competition will be swum as Short Course (25m) using automatic timing if available
- A swimmer to enter must achieve a qualifying time but not have qualified for the 2010 South Island Championships, 2010 NZ Junior Championships, 2010 NZ Age Group Div 2 Competition, 2010 NZ Age Group Championships, 2010 NZ Open Championships, 2009 NZ Spring Competition.
- Swimmers may enter one (1) unqualified event.
- A "No Time Entry" will not be accepted.
- Age groups are 10 years and under, 11-12 years, 13-14 years and 15 years and over.
- Events will be swum as timed finals
- The 200m Freestyle, Backstroke, Breaststroke and IM will be swum as mixed open events to be resulted in 12yrs & under, 13-14 years and 15years and over.
- Relays will be regional and swum in each age group; 10 years and under, 11-12 years, 13-14 years and 15 years and over. Swimmers may swim up an age group but not in more than one age group per event. Relays can be mixed or single sex. Names of the swimmers who make up the relay team and the time must be submitted with the entries.
- Ribbons shall be presented to the 1st, 2nd and 3rd place getters in both individual and relay events.
- Individual entry times may be verified against the SNZ results database. Performances from regional and local competitions not held within the SNZ results database may not be eligible for entry.
- Qualifying times are published as short course 25m. Qualifying times swum in pools other than 25m must be converted using the SNZ Conversions.
- Individual and relay events shall be scored as follows 1st=8, 2nd=6, 3rd=4, 4th=3, 5th=2, 6th=1
- The points accumulated by region, over the meet are to be divided by the number of competitors in the team (at the commencement of the meet) to find the overall winning team. A trophy will be presented to the winning team.

ENTRIES

Regional Associations must submit entries. No club entries are permitted.

Club entries and fees are to be submitted to their **Regional Association**.

Clubs need to check with their **Regional Association** for their entry closing date.

Entries close for **Regional Associations** with **Swimming Southland on Tuesday 16th of February 2010**. Late entries will not be accepted.

Refunds for any withdrawals (including medical) will be given at the discretion of the organising committee.

Entries to be submitted by **Regional Associations** as a cfile or hvy file. Entries to be emailed to admin@swimsouthland.org.nz and should include

- * Entries by swimmer with proof of time – word format
- * Entry fee summary – word format
- * Relay names report
- * Regional Coaches and Managers form

Entry fees are **\$7.50** Individual event and **\$12.50** Relay events. Regions will be invoiced for their entry fees after psych sheets have been checked and confirmed. Entry fees from regional associations to be sent to Swimming Southland PO Box 13 Gore.

PSYCH SHEETS

PSHCH SHEETS will be posted on the Swimming Southland website (www.swimsouthland.org.nz) by Thursday 18 February 2010.

Corrections to psych sheets are to be sent to admin@swimsouthland.org.nz by midnight Monday 22 February 2010.

Final Psych sheets will be posted on the Swimming Southland website by Tuesday 23 February 2010.

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Qualifying Times

Male	10 & U	11&12yrs	12 & U	13&14yrs	15yrs & O	Open
Freestyle						
50m	44.00	39.00		34.00	32.00	
100m	1:35.00	1:27.00		1:17.00	1:11.00	
200m			3.05.00	2:46.00	2:34.00	
Backstroke						
50m	49.00	44.00		41.00	38.00	
100m	1:46.00	1:40.00		1:32.00	1:24.00	
200m			3.31.00	3:12.00	2:56.00	
Breaststroke						
50m	56.00	49.00		45.00	43.00	
100m	2:00.00	1:50.00		1:41.00	1:33.00	
200m			3.51.00	3:36.00	3:22.00	
Butterfly						
50m	53.00	47.00		41.00	38.00	
100m	2:00.00	1:47.00		1:33.00	1:24.00	
200m						3.20.00
Medley						
100m	1:55.00	1:35.00		1:27.00	1:26.00	
200m			3.21.00	3:10.00	3:02.00	
Female						
Freestyle						
50m	44.00	39.00		36.00	35.00	
100m	1:35.00	1:27.00		1:20.00	1:17.00	
200m			3.05.00	2:51.00	2:45.00	
Backstroke						
50m	49.00	44.00		42.00	42.00	
100m	1:46.00	1:40.00		1:33.00	1:30.00	
200m			3.31.00	3:14.00	3:09.00	
Breaststroke						
50m	56.00	49.00		46.00	46.00	
100m	2:00.00	1:50.00		1:44.00	1:40.00	
200m			3.51.00	3:37.00	3:35.00	
Butterfly						
50m	53.00	47.00		42.00	40.00	
100m	2:00.00	1:47.00		1:34.00	1:29.00	
200m						3.20.00
Medley						
100m	1:55.00	1:35.00		1:32.00	1:32.00	
200m			3.21.00	3:16.00	3:14.00	

South Island Country and Town Competition Meet Schedule

Session 1 Saturday 27/2/2010

Round	Event No	Event
Finals	1	Mixed 15 & over 200m Medley Relay
Finals	2	Mixed 13-14 200m Medley Relay
Finals	3	Mixed 11-12 200m Medley Relay
Finals	4	Mixed 10 & under 200m Medley Relay
Finals	5	Mixed 200m Breaststroke
Finals	6	Boys 10 & under 50m Backstroke
Finals	7	Girls 10 & under 50m Backstroke
Finals	8	Boys 11-12 50m Backstroke
Finals	9	Girls 11-12 50m Backstroke
Finals	10	Boys 13-14 50m Backstroke
Finals	11	Girls 13-14 50m Backstroke
Finals	12	Boys 15 & over 50m Backstroke
Finals	13	Girls 15 & over 50m Backstroke
Finals	14	Mixed 200m Freestyle
Finals	15	Boys 10 & under 100IM
Finals	16	Girls 10 & under 100IM
Finals	17	Boys 11-12 100IM
Finals	18	Girls 11-12 100IM
Finals	19	Boys 13-14 100IM
Finals	20	Girls 13-14 100IM
Finals	21	Boys 15 & over 100IM
Finals	22	Girls 15 & over 100IM
End of Session 1		

Session 2 Saturday 27/2/2010

Round	Event No	Event
Finals	23	Mixed 200m Backstroke
Finals	24	Boys 10 & under 50 Butterfly
Finals	25	Girls 10 & under 50m Butterfly
Finals	26	Boys 11-12 50m Butterfly
Finals	27	Girls 11-12 50m Butterfly
Finals	28	Boys 13-14 50m Butterfly
Finals	29	Girls 13-14 50m Butterfly
Finals	30	Boys 15 & over 50m Butterfly
Finals	31	Girls 15 & over 50m Butterfly
Finals	32	Boys 10 & under 100m Breaststroke
Finals	33	Girls 10 & under 100m Breaststroke
Finals	34	Boys 11-12 100m Breaststroke
Finals	35	Girls 11-12 100m Breaststroke
Finals	36	Boys 13-14 100m Breaststroke
Finals	37	Girls 13-14 100m Breaststroke
Finals	38	Boys 15 & over 100m Breaststroke
Finals	39	Girls 15 & over 100m Breaststroke
Finals	40	Open Male 200m Butterfly
Finals	41	Open Female 200m Butterfly
Finals	42	Boys 10 & under 50 Freestyle
Finals	43	Girls 10 & under 50m Freestyle
Finals	44	Boys 11-12 50m Freestyle
Finals	45	Girls 11-12 50m Freestyle
Finals	46	Boys 13-14 50m Freestyle
Finals	47	Girls 13-14 50m Freestyle
Finals	48	Boys 15 & over 50m Freestyle
Finals	49	Girls 15 & over 50m Freestyle
Finals	50	Boys 10 & under 100m Backstroke
Finals	51	Girls 10 & under 100m Backstroke
Finals	52	Boys 11-12 100m Backstroke
Finals	53	Girls 11-12 100m Backstroke

Finals	54	Boys 13-14 100m Backstroke
Finals	55	Girls 13-14 100m Backstroke
Finals	56	Boys 15 & over 100m Backstroke
Finals	57	Girls 15 & over 100m Backstroke
End of Session 2		

Session 3 Sunday 28/2/2010

Round	Event No	Event
Finals	58	Mixed 200m IM
Finals	59	Boys 10 & under 100 Butterfly
Finals	60	Girls 10 & under 100m Butterfly
Finals	61	Boys 11-12 100m Butterfly
Finals	62	Girls 11-12 100m Butterfly
Finals	63	Boys 13-14 100m Butterfly
Finals	64	Girls 13-14 100m Butterfly
Finals	65	Boys 15 & over 100m Butterfly
Finals	66	Girls 15 & over 100m Butterfly
Finals	67	Boys 10 & under 50m Breaststroke
Finals	68	Girls 10 & under 50m Breaststroke
Finals	69	Boys 11-12 50m Breaststroke
Finals	70	Girls 11-12 50m Breaststroke
Finals	71	Boys 13-14 50m Breaststroke
Finals	72	Girls 13-14 50m Breaststroke
Finals	73	Boys 15 & over 50m Breaststroke
Finals	74	Girls 15 & over 50m Breaststroke
Finals	75	Boys 10 & under 100 Freestyle
Finals	76	Girls 10 & under 100m Freestyle
Finals	77	Boys 11-12 100m Freestyle
Finals	78	Girls 11-12 100m Freestyle
Finals	79	Boys 13-14 100m Freestyle
Finals	80	Girls 13-14 100m Freestyle
Finals	81	Boys 15 & over 100m Freestyle
Finals	82	Girls 15 & over 100m Freestyle
Finals	83	Mixed 10 & under 200m Freestyle Relay
Finals	84	Mixed 11-12 200m Freestyle Relay
Finals	85	Mixed 13-14 200m Freestyle Relay
Finals	86	Mixed 15 & over 200m Freestyle Relay
End of Session 3		